

SOUTHWESTERN VERMONT COUNCIL ON AGING

The Southwestern Vermont Council on Aging (SVCOA) is a private non-profit community based organization whose goal is to support adults 60 years of age and older in maintaining maximum independence.

The Council seeks to be responsive to both individual older adults, who need assistance to remain independent, as well as, the communities in our region who need our technical assistance and support. SVCOA works to identify older adult needs and create locally based solutions.

"An older adult is a person who is still developing, still growing, still a learner, still with potential, whose life continues to have within it promise for the connections to the future..."

SVCOA Helpline : 1-800-642-5119

www.svcoa.org

This material is available, upon request, in alternate formats such as large print, braille, and audio cassette, or disk.

Case Managers maintain regular contact with individuals to monitor services and assess for additional needs. They have established, collaborative partnerships with community organizations and state agencies to serve the needs of the older adults. Aging is filled with change and we work to connect you with the information and resources to allow you to make informed decisions.

WHAT DO CASE MANAGEMENT SERVICES COST?

A majority of the funding for this service comes to the Council on Aging through the Older Americans Act. Additional funds come through family and client donations, town funds, and Medicaid Waiver reimbursement.

Client donations are encouraged and appreciated. Such contributions help assure that quality case management services continue to be available to older adults in our area. No one will be denied service for a lack of ability to contribute.



CASE MANAGEMENT PROGRAM

Rutland County:

143 Maple Street
Rutland, VT 05701
Phone: (802) 786-5990

Bennington County:

160 Benmont Avenue
Suite 90
Bennington, VT 05201
Phone: (802) 442-5436
Fax: (802) 447-2846

Supporting individuals 60 years and older to live independently

WHO ARE CASE MANAGERS AND HOW CAN THEY HELP?

Case managers are highly trained and certified advocates who provide comprehensive care coordination.

Case Managers will:

- Utilize a person-centered approach in working with individuals, families, and support systems.
- Support and respect your right to make your own choices
- Assist in identifying unmet needs and work with you to create goals and access services and supports.
- Help you understand community programs and services.
- Provide assistance with applications for public benefits.
- Provide information about support groups, caregiver training programs, and respite services in your community.
- Explore care options available within the community and eligibility criteria for long term care.
- Provide support to you in remaining or moving to the setting of your choice.
- Assess and respond to reports about the self-neglect of adults 60 and older.

HEAR WHAT PEOPLE HAVE TO SAY ABOUT CASE MANAGEMENT

“When I returned home from the hospital, I wasn’t able to prepare meals. My Case Manager arranged for meals to be delivered to my home until I could manage for myself”

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My landlord raised the rent and I just couldn’t afford to stay there. The Case Manager helped me apply for an apartment in a senior housing complex. I just love it here!”

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“The doctor said that I could no longer stay alone. I hated the thought of going to a nursing home. Then, a Case Manager explained the Choices for Care Program to me and helped me apply. Someday perhaps I will need more help and care, but for now, I can stay home.”

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I didn’t know how I was going to pay my medical bills. My case manager helped me to apply for Medicaid. It has made all the difference.

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WHAT CAN A CASE MANAGER DO FOR YOU?

If you are 60 years of age or older, a SVCOA Case Manager may be able to help you:

- Look at your situation, consider options, and develop the plan of action you feel is appropriate to you.
- Understand and gain access to community programs and services which can include:
 - ~ In-home services
 - ~ Social Security
 - ~ Supplemental Social Security Income (SSI)
 - ~ Public Information Benefit Program Information, i.e., 3 Squares Vermont, Fuel Assistance, Choices for Care, VT Pharmacy, etc.
 - ~ Housing Information and Applications
 - ~ Legal Services
 - ~ VA Benefits
 - ~ Meals on Wheels
 - ~ Home Health Services
 - ~ Hospice
 - ~ Advanced Directives
 - ~ Caregiver Support and Information
 - ~ Adult Day Programs
 - ~ Medicare Information
 - ~ Money Management and Representative Payee Programs
 - ~ Healthy Living Programs